

**Individual Top Times**

**Collegiate Aquatics [CA-MA] Coach: Erich Sprowls**  
**Show Long Course Only AG**

Time	P/F/S	Name	Age/Yr		
<b>Girls 9-10 50 Free</b>					
1 31.85 L	F	*I Kathryn Horan	10	8/8/2012	2012 Eastern Zone Long Course Champion
<b>Girls 9-10 100 Free</b>					
1 1:20.95 L	F	Abby Lauer	10	6/13/2013	2013 Long Course Classic Trials/Finals
<b>Girls 9-10 200 Free</b>					
1 3:02.11 L	F	Abby Lauer	10	6/13/2013	2013 Long Course Classic Trials/Finals
<b>Girls 9-10 50 Back</b>					
1 35.89 L	F	*I Kathryn Horan	10	8/8/2012	2012 Eastern Zone Long Course Champion
<b>Girls 9-10 100 Back</b>					
1 1:26.78 L	F	Abby Lauer	10	7/25/2013	2013 Middle Atlantic Junior Olympics
<b>Girls 9-10 50 Breast</b>					
1 41.91 L	F	Abby Lauer	10	7/25/2013	2013 Middle Atlantic Junior Olympics
<b>Girls 9-10 100 Breast</b>					
1 1:34.07 L	F	Abby Lauer	10	5/3/2013	2013 Diplomat Swim Club May Maelstrom
<b>Girls 9-10 50 Fly</b>					
1 38.69 L	F	Abby Lauer	10	5/3/2013	2013 Diplomat Swim Club May Maelstrom
<b>Girls 9-10 100 Fly</b>					
1 1:34.32 L	F	Abby Lauer	10	7/25/2013	2013 Middle Atlantic Junior Olympics
<b>Girls 9-10 200 IM</b>					
1 3:35.76 L	F	*I Emma Reed	10	7/6/2012	2012 LAC SPEEDO CLASSIC
<b>Girls 11-12 50 Free</b>					
1 29.55 L	F	Jordan Plempel	12	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 11-12 100 Free</b>					
1 1:07.90 L	F	Jordan Plempel	12	5/1/2015	2015 Diplomat Swim Club May Maelstrom
<b>Girls 11-12 200 Free</b>					
1 2:31.16 L	F	Jordan Plempel	12	5/1/2015	2015 Diplomat Swim Club May Maelstrom
<b>Girls 11-12 400 Free</b>					
1 6:21.33 L	F	*I Fiona Sanderson	12	6/8/2012	2012 Diplomat Swim Club June Summer St
<b>Girls 11-12 50 Back</b>					
1 34.86 L	F	Jordan Plempel	12	5/1/2015	2015 Diplomat Swim Club May Maelstrom
<b>Girls 11-12 100 Back</b>					
1 1:14.44 L	F	Jordan Plempel	12	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 11-12 200 Back</b>					
1 2:50.06 L	F	Jordan Plempel	12	6/11/2015	2015 Long Course Classic Trials/Finals
<b>Girls 11-12 50 Breast</b>					
1 38.43 L	F	Jordan Plempel	12	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 11-12 100 Breast</b>					
1 1:32.53 L	F	Abby Lauer	11	6/12/2014	2014 Long Course Classic Trials/Finals
<b>Girls 11-12 200 Breast</b>					
1 3:18.71 L	F	Jordan Plempel	12	6/11/2015	2015 Long Course Classic Trials/Finals
<b>Girls 11-12 50 Fly</b>					
1 33.42 L	F	Jordan Plempel	12	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 11-12 100 Fly</b>					
1 1:18.67 L	F	*I Amy Gifford	12	5/5/2006	2006 Trident May Maelstrom
<b>Girls 11-12 200 IM</b>					
1 2:53.15 L	F	Jordan Plempel	12	5/1/2015	2015 Diplomat Swim Club May Maelstrom

## Individual Top Times

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	Time	P/F/S	Name	Age/Yr		
<b>Girls 13-14 50 Free</b>						
1	30.14 L	P	Carlee Rankin	13	6/12/2014	2014 Long Course Classic Trials/Finals
<b>Girls 13-14 100 Free</b>						
1	1:08.21 L	P	Ashley Leisher	13	7/28/2011	MA Junior Olympics
<b>Girls 13-14 200 Free</b>						
1	2:39.10 L	P	*I Jenna Clancy	14	6/13/2013	2013 Long Course Classic Trials/Finals
<b>Girls 13-14 400 Free</b>						
1	6:07.55 L	F	*I Emma Sanderson	14	5/3/2013	2013 Diplomat Swim Club May Maelstrom
<b>Girls 13-14 1500 Free</b>						
1	23:56.21 L	F	*I Emma Sanderson	14	5/3/2013	2013 Diplomat Swim Club May Maelstrom
<b>Girls 13-14 100 Back</b>						
1	1:21.36 L	P	Carlee Rankin	13	6/12/2014	2014 Long Course Classic Trials/Finals
<b>Girls 13-14 200 Back</b>						
1	2:51.47 L	P	Carlee Rankin	14	6/11/2015	2015 Long Course Classic Trials/Finals
<b>Girls 13-14 50 Breast</b>						
1	44.44 L S	P	Ashley Leisher	14	7/18/2012	Middle Atlantic Senior LC Championship
<b>Girls 13-14 100 Breast</b>						
1	1:30.56 L	P	Ashley Leisher	14	7/18/2012	Middle Atlantic Senior LC Championship
<b>Girls 13-14 200 Breast</b>						
1	3:25.61 L	F	*I Alanna Powers	13	6/24/2010	SWIM FEST 2010
<b>Girls 13-14 50 Fly</b>						
1	38.65 L S	P	Ashley Leisher	13	7/28/2011	MA Junior Olympics
<b>Girls 13-14 100 Fly</b>						
1	1:20.64 L	P	Carlee Rankin	13	6/12/2014	2014 Long Course Classic Trials/Finals
<b>Girls 13-14 200 IM</b>						
1	2:57.66 L	P	Ashley Leisher	13	7/28/2011	MA Junior Olympics
<b>Girls 50 Free</b>						
1	28.16 L	P	*I Erica Clancy	17	6/15/2012	Long Course Trials/Finals
<b>Girls 100 Free</b>						
1	1:04.06 L	F	*I Erica Clancy	17	6/15/2012	Long Course Trials/Finals
<b>Girls 200 Free</b>						
1	2:31.45 L	F	Ashley Leisher	17	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 400 Free</b>						
1	5:22.53 L	F	Madelynn Kraft	16	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 1500 Free</b>						
1	22:18.33 L	F	*I Rachel Frank	18	6/27/2014	NLAC Swimfest
<b>Girls 100 Back</b>						
1	1:17.54 L	F	Madelynn Kraft	16	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 200 Back</b>						
1	2:55.47 L	F	Madelynn Kraft	16	6/26/2015	NLAC Swimfest
<b>Girls 100 Breast</b>						
1	1:26.92 L	F	Madelynn Kraft	16	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 200 Breast</b>						
1	3:10.12 L	F	Madelynn Kraft	16	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 100 Fly</b>						
1	1:16.37 L	F	Ashley Leisher	17	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Girls 200 Fly</b>						
1	3:13.28 L	F	*I Kelly Strahosky	15	5/14/2011	WSY Summer LC IMX

## Individual Top Times

Show Long Course Only AG

	Time	P/F/S	Name	Age/Yr		
<b>Girls 200 IM</b>						
1	2:45.45 L	F	Ashley Leisher	16	7/10/2014	2014 LAC SPEEDO CLASSIC
<b>Girls 400 IM</b>						
1	7:05.77 L	P	Kaitlin Hudak	15	6/12/2014	2014 Long Course Classic Trials/Finals
<b>Boys 8 &amp; Under 50 Free</b>						
1	46.75 L	F	Bode Groh	8	6/26/2015	NLAC Swimfest
<b>Boys 8 &amp; Under 50 Back</b>						
1	1:04.42 L	F	Bode Groh	8	6/26/2015	NLAC Swimfest
<b>Boys 8 &amp; Under 50 Breast</b>						
1	1:10.73 L	F	Bode Groh	8	6/26/2015	NLAC Swimfest
<b>Boys 8 &amp; Under 50 Fly</b>						
1	1:06.13 L	F	Bode Groh	8	6/26/2015	NLAC Swimfest
<b>Boys 9-10 50 Free</b>						
1	31.47 L	F	Nathan Smith	10	5/5/2006	2006 Trident May Maelstrom
<b>Boys 9-10 100 Free</b>						
1	1:09.74 L	F	Nathan Smith	10	7/27/2006	2006 MA Summer Junior Olympics
<b>Boys 9-10 200 Free</b>						
1	2:34.77 L	F	Nathan Smith	10	5/5/2006	2006 Trident May Maelstrom
<b>Boys 9-10 400 Free</b>						
1	6:42.25 L	F	Justin Mills	10	6/24/2010	SWIM FEST 2010
<b>Boys 9-10 50 Back</b>						
1	38.39 L	F	Nathan Smith	10	7/27/2006	2006 MA Summer Junior Olympics
<b>Boys 9-10 100 Back</b>						
1	1:37.50 L	F	Jacob Lauer	10	6/8/2012	2012 Diplomat Swim Club June Summer St
<b>Boys 9-10 50 Breast</b>						
1	47.00 L	F	Maximilian Kasian	10	7/8/2011	2011 LAC SPEEDO CLASSIC
<b>Boys 9-10 100 Breast</b>						
1	1:37.12 L	F	Maximilian Kasian	10	7/28/2011	MA Junior Olympics
<b>Boys 9-10 200 Breast</b>						
1	3:31.69 L	F	Maximilian Kasian	10	7/8/2011	2011 LAC SPEEDO CLASSIC
<b>Boys 9-10 50 Fly</b>						
1	36.90 L	F	Nathan Smith	10	5/5/2006	2006 Trident May Maelstrom
<b>Boys 9-10 200 IM</b>						
1	3:03.27 L	F	Nathan Smith	10	5/5/2006	2006 Trident May Maelstrom
<b>Boys 11-12 50 Free</b>						
1	28.16 L	F	Josiah Lauver	12	6/13/2013	2013 Long Course Classic Trials/Finals
<b>Boys 11-12 100 Free</b>						
1	1:03.16 L	F	Josiah Lauver	12	5/17/2013	2013 Abby Seeger Invitational
<b>Boys 11-12 200 Free</b>						
1	2:23.47 L	F	Josiah Lauver	12	6/13/2013	2013 Long Course Classic Trials/Finals
<b>Boys 11-12 400 Free</b>						
1	5:32.74 L	F	Josiah Lauver	11	6/8/2012	2012 Diplomat Swim Club June Summer St
<b>Boys 11-12 50 Back</b>						
1	31.73 L	F	Josiah Lauver	12	5/17/2013	2013 Abby Seeger Invitational
<b>Boys 11-12 100 Back</b>						
1	1:09.96 L	F	Josiah Lauver	12	6/13/2013	2013 Long Course Classic Trials/Finals
<b>Boys 11-12 200 Back</b>						
1	2:39.62 L	F	Josiah Lauver	12	6/13/2013	2013 Long Course Classic Trials/Finals

**Individual Top Times**

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	Time	P/F/S	Name	Age/Yr		
<b>Boys 11-12 50 Breast</b>						
1	38.18 L	F	Maximilian Kasian	12	5/3/2013	2013 Diplomat Swim Club May Maelstrom
<b>Boys 11-12 100 Breast</b>						
1	1:22.53 L	F	Maximilian Kasian	12	7/25/2013	2013 Middle Atlantic Junior Olympics
<b>Boys 11-12 200 Breast</b>						
1	3:04.13 L	F	Maximilian Kasian	12	7/25/2013	2013 Middle Atlantic Junior Olympics
<b>Boys 11-12 50 Fly</b>						
1	31.25 L	F	Josiah Lauver	12	6/13/2013	2013 Long Course Classic Trials/Finals
<b>Boys 11-12 100 Fly</b>						
1	1:13.85 L	F	Josiah Lauver	12	6/13/2013	2013 Long Course Classic Trials/Finals
<b>Boys 11-12 200 IM</b>						
1	2:41.41 L	F	Josiah Lauver	12	4/27/2013	Spring Long Course Elite Meet
<b>Boys 13-14 50 Free</b>						
1	26.22 L	F	Josiah Lauver	14	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Boys 13-14 100 Free</b>						
1	57.67 L	F	Josiah Lauver	14	6/26/2015	NLAC Swimfest
<b>Boys 13-14 200 Free</b>						
1	2:05.57 L	F	Josiah Lauver	14	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Boys 13-14 400 Free</b>						
1	x4:45.14 L	F	*I Ricky Averill	14	6/21/2012	NLAC Swimfest
<b>Boys 13-14 800 Free</b>						
1	9:55.12 L	F	*I Ricky Averill	14	6/8/2012	2012 Diplomat Swim Club June Summer St
<b>Boys 13-14 100 Back</b>						
1	1:03.14 L	F	Josiah Lauver	14	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Boys 13-14 200 Back</b>						
1	2:19.77 L	F	Josiah Lauver	13	6/12/2014	2014 Long Course Classic Trials/Finals
<b>Boys 13-14 50 Breast</b>						
1	36.87 L S	P	Austin Lauer	14	8/8/2012	2012 Eastern Zone Long Course Champion
<b>Boys 13-14 100 Breast</b>						
1	1:16.37 L	F	Austin Lauer	14	7/6/2012	2012 LAC SPEEDO CLASSIC
<b>Boys 13-14 200 Breast</b>						
1	2:46.99 L	P	*I Ricky Averill	14	8/8/2012	2012 Eastern Zone Long Course Champion
<b>Boys 13-14 50 Fly</b>						
1	30.67 L S	F	*I Nate Dubbs	14	7/28/2011	MA Junior Olympics
<b>Boys 13-14 100 Fly</b>						
1	1:03.66 L	F	Josiah Lauver	14	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Boys 13-14 200 Fly</b>						
1	2:38.25 L	F	Josiah Lauver	13	6/27/2014	NLAC Swimfest
<b>Boys 13-14 200 IM</b>						
1	2:27.15 L	F	Josiah Lauver	14	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Boys 13-14 400 IM</b>						
1	5:25.78 L	P	Austin Lauer	14	6/15/2012	Long Course Trials/Finals
<b>Boys 50 Free</b>						
1	24.35 L	P	Nathan Smith	17	8/2/2012	2012 Speedo Champions Series- Super Ser
<b>Boys 100 Free</b>						
1	53.39 L	P	Nathan Smith	17	8/2/2012	2012 Speedo Champions Series- Super Ser
<b>Boys 200 Free</b>						
1	2:07.18 L	F	Nathan Smith	16	6/15/2012	Long Course Trials/Finals

**Individual Top Times**

Show Long Course Only AG

	Time	P/F/S	Name	Age/Yr		
<b>Boys 400 Free</b>						
1	5:05.34 L	F	Jonah Key	15	7/9/2015	2014 LAC SPEEDO CLASSIC
<b>Boys 100 Back</b>						
1	1:05.86 L	F	Zachary Lauer	17	6/12/2014	2014 Long Course Classic Trials/Finals
<b>Boys 200 Back</b>						
1	2:28.21 L	F	Nicholas Bloom	16	6/12/2014	2014 Long Course Classic Trials/Finals
<b>Boys 100 Breast</b>						
1	1:17.61 L	F	*I Ricky Averill	15	4/27/2013	Spring Long Course Elite Meet
<b>Boys 200 Breast</b>						
1	2:49.19 L	F	*I Ricky Averill	15	4/27/2013	Spring Long Course Elite Meet
<b>Boys 50 Fly</b>						
1	28.72 L S	P	Nathan Smith	16	3/22/2012	Speedo Championship Series 2012 Section
<b>Boys 100 Fly</b>						
1	1:01.90 L	T	Nathan Smith	17	8/2/2012	2012 Speedo Champions Series- Super Ser
<b>Boys 200 Fly</b>						
1	2:42.63 L	F	Nicholas Bloom	16	6/27/2014	NLAC Swimfest
<b>Boys 200 IM</b>						
1	2:29.91 L	P	Nicholas Bloom	16	6/12/2014	2014 Long Course Classic Trials/Finals
<b>Boys 400 IM</b>						
1	5:25.92 L	F	Nathan Smith	16	6/8/2012	2012 Diplomat Swim Club June Summer St